OCASI’S MENTAL HEALTH PROMOTION GUIDE FOR AGENCIES SERVING IMMIGRANTS AND REFUGEES IN ONTARIO

This guide aims to improve the capacity of immigrant and refugee serving agencies to promote the mental health of newcomers in general, but particularly that of their refugee clients.

While several agencies have developed their own internal tools and policies to promote mental health while responding to related challenges among their clients, many have not. This document provides crucial guidelines for such agencies to adapt in ways that addresses their own needs, clients, and services while taking into account the resources to which they have access.

- Mental Health Promotion Guide for Agencies Serving Immigrants and Refugees in Ontario
- Mental Health Promotion Guidelines for Agencies Serving Immigrants and Refugees in Ontario
- Mental Health Promotion Guidelines for Frontline Workers at Agencies Serving Immigrants and Refugees in Ontario

For managers and executive directors interested in learning how to apply the guidelines, please refer to the following webinar, facilitated by Across Boundaries, on Leading the Way in Mental Health Promotion for Refugees and Newcomers.

ADDITIONAL RESOURCES

If you would like to learn more about supporting clients as they navigate the healthcare system, including mental healthcare, please refer to the following webinars, facilitated by Crossroads Clinic at Women’s College Hospital and funded by IRCC:

- Navigating the Ontario Healthcare System Part I
- Navigating the Ontario Healthcare System Part II

- The Mental Health Project was funded by the Ministry of Citizenship and Immigration, OCASI’s Mental Health Project (2016-2017) was aimed at enhancing the capacity of front-line workers and immigrant and refugee serving agencies in Ontario to respond to the mental health and trauma needs of refugee clients.